

EPILOGUE

Learnership Journal for Life & Career Self-Reflection and Renewal

Readers planning on conducting a self-assessment for purposes of personal renewal or development are encouraged to record their end of chapter notes on pages 2-5 of this Journal—after reading each chapter in the book. When all chapters have been completed, the readers should review and summarize their notes and address the five topics below in a ten to fifteen page Life and Career Action Plan that demonstrates their commitment to renew their lives and careers.

1. Personal Reflections

- a. What *new insights* have I developed on my self, my life, and my career?
- b. Is it time for me to become more holistic and integrated in my thinking, and to pursue my *higher purpose*? What is that higher purpose?
- c. What do I really want to accomplish in my life, and to leave something for *posterity*?
- d. Are there other topics that need to be addressed?

2. Human Relations

- a. Are there *dependencies* on others I need to reduce to free myself to move forward? With whom are they?
- b. Are there *connections* with others I need to make to expand my vision and learning? With whom are they?
- c. Is it time for me to moderate my independence, and become more *interdependent*? What specifically can I do and with whom?
- d. Are there other topics that need to be addressed?

3. Learning and Commitment

- a. What specific elements of the *learnership philosophy* most appeal to me? Describe.
- b. Which of the five *learnership reasoning competencies* and four *domains of social systems development* are most useful for my personal development? Why?
- c. Do I see myself becoming a *learnership practitioner* and adopting the corresponding characteristics and skills? Why?
- d. Are there other topics that need to be addressed?

4. Life and Career Planning

- a. *Who are the people* I need to talk with to help clarify my path and provide support?
- b. *What specific activities* and tasks do I immediately have to do to make personal progress?
- c. *What resources* do I need to identify and acquire to outline an actionable plan?
- d. *What time frame* is both reasonable and motivational to assure my progress?
- e. Are there other topics that need to be addressed?

5. Vision for Myself

- a. Describe the “new me” one year and three years in the future.
- b. What will you have given up in your renewal effort? What will be added or enhanced?
- c. How will you measure your success?

Chapter One: Learnership: Total Learning, Knowing, and Leading as a Mindful Way-of Being**My Insights and Learning:**

1.

2.

3.

Chapter Two: Reasoning Competency #1: Systems Thinking**My Insights and Learning:**

1.

2.

3.

Chapter Three: Reasoning Competency #2: Pattern Recognition**My Insights and Learning:**

1.

2.

3.

Chapter Four: Reasoning Competency #3: Situational Learning

My Insights and Learning:

1.

2.

3.

Chapter Five: Reasoning Competency #4: Knowledge Management

My Insights and Learning:

1.

2.

3.

Chapter Six: Reasoning Competency #5: Adaptive Leadership

My Insights and Learning:

1.

2.

3.

Chapter Seven: Personal (Micro) Systems Development
My Insights and Learning:

- 1.
- 2.
- 3.

Chapter Eight: Organizational (Macro) Systems Development
My Insights and Learning:

- 1.
- 2.
- 3.

Chapter Nine: Community (Mega) Systems Development
My Insights and Learning:

- 1.
- 2.
- 3.

Chapter Ten: Societal (Meta) Systems Development

My Insights and Learning:

1.

2.

3.

Chapter Eleven: Mid-Life/Career Renewal

My Insights and Learning:

1.

2.

3.

Chapter Twelve: A Mindful Way-of-Being

My Insights and Learning:

1.

2.

3.

Additional thoughts about your past, and commitments for your future, you need to remember:

1.

2.

3.